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A SLIMMER BOD — WITH NO DOWNTIME

Now it's possible to get a lean bod like Rihanna's without bruising or swelling. New York-based cosmetic surgeon Dr. Yan Trokel uses the new Zerona laser technology (left), which targets and separates fat tissue and helps the melted excess fat exit the body through the lymphatic system. He says patients lose an average of 3 to 5 inches off the waist after three 20-minute sessions (\$500 each) a week for two weeks.



CLOCKWISE FROM LEFT: WIREIMAGE, GETTY, SPLASH, RAMEY, INF, ADMEDIA, WIREIMAGE